OCEANIA ORIENTEERING CHAMPIONSHIPS 2026

SPRINT THE COAST

Introduction

Welcome to the 2026 Oceania Sprint Championships. We will be showcasing the beautiful Central Coast of NSW and you will be able to run in these events and enjoy the local beaches, cafes and restaurants all within easy reach of the venues.

The Elites will be contesting for a place at the World Orienteering Championships- Sprint and the winner will receive an automatic selection to WOC. This event will be Round 1 of the National Orienteering League and a selection trial for the Australian Elites for the World Orienteering Sprint Championships 2026 in Genoa (Genova) Italy. The Knock Out Sprint and the Individual Sprint Championship races will be World Ranking Events and attract WR points.

This will be the Inaugural Sprint the Coast! A first for the Central Coast Orienteers. You will be able to watch the best elites from Oceania battle it out for a chance to go to the World Champs in Italy and then be able to test yourself in the same terrain and challenging courses. Quick decision making will be key to fast times as well as accurate navigation. We have been fortunate to obtain permission to run on never before used areas for 3 out of the 4 events. Plus there's more! You can freshen up on the Sunday morning with a free score event at the beach and treat yourself to a swim and brunch!

This area is a popular tourist area so book now to secure your accommodation!

Sponsors

Location map

Who we are

Organiser: Central Coast Orienteers

IOF Senior Event Advisor: Malcolm Ingham (NZ)

National Controller: Nick Dent

Contact us

Website: oceaniasprint2026.orienteering.asn.au

Event director: Hilary Wood
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Central Coast Orienteers acknowledges and pays respect to the traditional owners, the Darkinyung people whose country we are on and extend our respect to their Elders, both past and present.

Preliminary Timeline

Please note this may change

Saturday 24th January	Oceania Knock Out Sprint Qualifications & Quarter Finals Sprint The Coast 1
Location	St Peters College, Tuggerah
Planner	Dylan Bryant
Controller	Colin Price
8:00	**Sprint Qualification** 3 parallel heats for both Men and Women Classes: M/W21E only One minute start interval - 6 lanes Winning time 8-10 minutes
9:00	**Sprint The Coast - Event 1** See table for classes on page 3
10:30	**Knock Out Quarter Finals** Top 12 from each Qual 6 runners in each Q/F Winning time 6-8 minutes Top 3 go through to Semi Final

Travel to Green Point Christian School - 40 minutes

Saturday 24th January	Oceania Knock Out Sprint Semi Finals & Finals Sprint The Coast 2
Location	Green Point Christian School
Planner	Julian Dent
Controller	Nick Dent
14:00	**Knock Out Sprint Semi Finals** 3 semi finals with 6 runners in each Winning time 6-8 minutes Top 2 go through to Final
14:00	Women start - 5 minute intervals
14:30	Men start - 5 minute intervals
15:00	**Sprint The Coast - Event 2** See table for classes on page 3
17:00	**Knock Out Sprint Final** Top 2 runners from each Semi Final Winning time 6-8 minutes
17:00	Women start
17:20	Men start

Sunday 25th January	Bonus event
	Optional event for anyone entered in other events plus CC Summer Series entrants.
Format	30 minute score event
Location	Terrigal Beach
Planner	Melissa Robertson
8:00	Mass start
Entry	Please enter via Eventor so we know how many maps to print!

Sunday 25th January	Oceania Sprint Championships (OC, OJOC, OYOC) Sprint The Coast 3
Location	Central Coast Grammar School, Erina
Planner	Paul Prudhoe
Controller	Nick Dent
13:30	**Oceania Sprint Championships** (OC, OJOC, OYOC) Elite classes: M21E, W21E, M20E, W20E,M18, W18, M16, W16 Winning time 12-15 minutes
15:00	**Sprint The Coast - Event 3** See table for classes on page 3

Monday 26th January	Oceania Sprint Relay Sprint The Coast 4
Location	University of Newcastle, Ourimbah Campus
Planner	Steven Craig
Controller	Mark Shingler
9:30	**Oceania Sprint Relay** Classes: M/W21E, M/W18E Team winning time 50-60 minutes
10:15	**Sprint The Coast - Event 4** See table for classes on page 3
12:00	**Presentation & Prize Giving**

Sprint The Coast Classes - all 4 events

Course	Classes
1	M21, M35, Senior Boys (16+)
2	W21, W35, M45, Senior Girls (16+)
3	W45, M55, Junior Boys (under 16)
4	W55, M65, Junior Girls (under 16)
5	W65, M75, W75
6	W12, M12, M10, W10, M/W10Novice, Open Easy

Entries Fees - Elites

Event	OOC	Junior and Youth
Individual Sprint	$60	$45
Knock Out Sprint	$80	n/a
Sprint Relay	$50	$35
Participation fee for banquet (if there's a banquet)	TBA	TBA

Entries Fees - Sprint The Coast

Event	Sub Junior/ SJNM	Junior/ JNM	Senior/ SNM	Family Max 2S+2J+SJ
Event 1	$15	$20	$30	$80
Event 2	$15	$20	$30	$80
Event 3	$15	$20	$30	$80
Event 4	$15	$20	$30	$80
All 4 Events	$60	$80	$120	$300
Terrigal Beach Event	free	free	free	free

Entry Deadline
Entries close 11th January 2026.

Changes to Entry
Changes to entry is available up to entry close date.

Refund Policy
Prior to Closing Date - 90% of entry fee
After Closing Date - 60% of entry fee

Embargoes
The following areas are embargoed for the use of orienteering maps, training and route testing for orienteering by orienteers who wish to contest the Oceania Sprint Championship January 24-26th 2026.

Anyone found breaking this embargo or intentionally trying to gain an unfair advantage will be disqualified from competing or coaching at the relevant event. These areas may not be entered for orienteering purposes. University of Newcastle – Ourimbah Campus.

Previous Maps
Ourimbah map will be on Eventor.

Competition Rules
https://orienteering.sport/orienteering/competition-rules/

Accommodation
https://www.visitnsw.com/destinations/central-coast

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