

# Orienteering is coming

to Singleton AND IT'S FREE!\*

Suitable for all fitness levels, ages and abilities. Everyone welcome!



## Try the original adventure sport

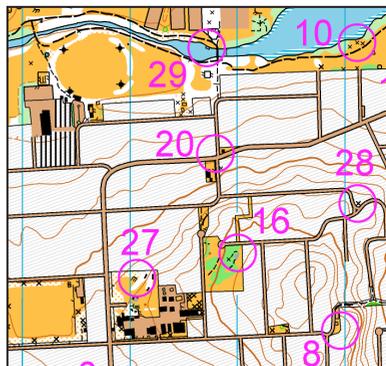
DATE	SUBURB	ASSEMBLY AREA	START TIMES
1. Fri 27th Oct	Singleton	Rose Point Park (netball courts), Rose Point Rd	4–6pm
2. Sat 28th Oct	Singleton Heights	Alroy Park, Blaxland Ave	3–5pm
3. Sun 29th Oct	Singleton Heights	Nowlan Park, Gardner Circuit	9:30–11:30am

This 'Amazing Race' style of activity is great for families, bushwalkers, runners, athletes looking for some cross training... everyone!

The events are designed for a maximum run duration of 45 minutes.

\*\$10 refundable deposit required for electronic timing chip hire.

Local contact Russell Rigby: 0432 153 893  
For more information: Ian Jessup 0416 040 135  
or visit [www.onsw.asn.au](http://www.onsw.asn.au)



ORIENTEERING NSW