

Orienteering is coming

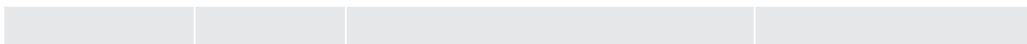
to Port Macquarie AND IT'S FREE!*

Suitable for all fitness levels, ages and abilities. Everyone welcome!



Try the original adventure sport

DATE	SUBURB	ASSEMBLY AREA	START ANY TIME FROM

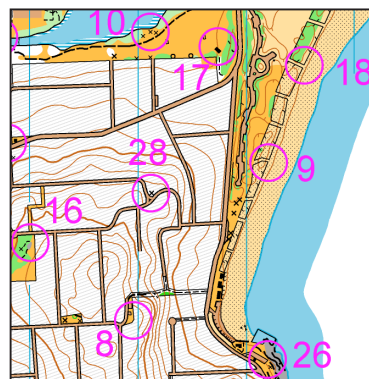


This 'Amazing Race' style of activity is great for families, bushwalkers, runners, athletes looking for some cross training... everyone!

The events are designed for a maximum duration of 45 minutes.

* \$10 refundable deposit required for electronic timing chip hire.

For more information: Ian Jessup 0416 040 135 or visit www.onsw.asn.au



ORIENTEERING NSW

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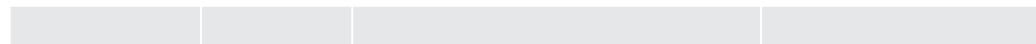
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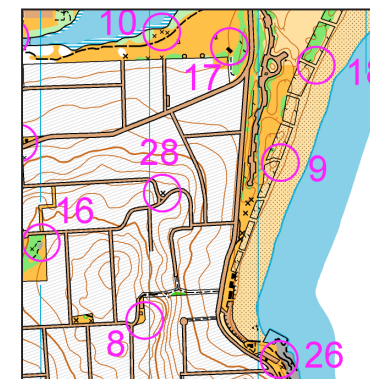


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